

Ruup & Form

Press Release August 2023



Fierce Energy: exhibition exploring seeds by gallery artists Naomi Mcintosh and Rachna Garodia

Sep 18 – Oct 25, 2023

7 Tilney Court, London, EC1V 9BQ

Ruup & Form is delighted to present *Fierce Energy* during London Design Festival 2023. Culminating from thoughts on germination and growth- *Fierce Energy*, showcases works by Naomi Mcintosh and Rachna Garodia.

Naomi Mcintosh creates her new series - **Seeds**. The new group of work explores the possibility, the power and potential of planting a seed. The sculptures celebrate cycles of growth. The repetitious beech wood forms are meticulously and carefully threaded so they become tapestries and screens of ripples and vibrations. Each arch symbolising extraordinary energy in a single seed. She chose to make this work in her greenhouse at her home in the Cairngorms in Scotland, surrounded by plants as they set seed, tomatoes, aubergines, cucumbers, and pumpkins all grown from seed.

Rachna Garodia's new work - **Sprout** celebrates the magical life force - seeds/'bija' or containment of life. A collection of woven works brought to life while observing seeds as an object of great beauty. Rachna is deeply moved and inspired by this small, silent, magical, and resilient life force, drawn to the power of hope and growth that each little capsule contains within.



Venue: 7 Tilney Court, London, EC1V 9BQ

Opening hours during London Design Festival – 18-23 September

Monday-Saturday: 11:00-18:00

Private View :19 Sep 18:30- 21:00

Meet the Artist: 21 Sep 18:30- 20:00

Gallery timings

Tuesday – Thursday: 11:30 – 17:00

Friday: 11:30-16:00

Monday and Saturday: By appointment

Email: hello@ruupandform.com to arrange for an appointment.

Sunday: Closed.

For further information, press images, interviews, and invitations email hello@ruupandform.com

#ruupandform #fierceenergy #naomimcintosh #rachnagarodia
#ldf23

Instagram: [@ruup.and.form](https://www.instagram.com/ruup.and.form)

Website: www.ruupandform.com

Naomi Mcintosh (b.1985, United Kingdom) currently living and working from Cairngorms National Park in Scotland. Naomi studied Architecture from The Bartlett School of Architecture University College of London in 2008 followed by an MA in Jewellery from Central Saint, 2010. Her works can be found in the permanent collections of Duff House, Collection, Banff Aberdeenshire ; Fitzwilliam Museum, Collection, Cambridge and Aberdeen Art gallery and Museum Collection, Aberdeen UK. Her recent exhibitions include Collect 2023, London Art Fair 2023 and London Design Biennale 2022 with Ruup & Form.

Image: Left – Naomi Mcintosh, Right – Rachna Garodia



Rachna Garodia (b.1975, India) currently living and working from London, UK. Rachna studies Clothing and Textile from MS University, Baroda, 1997, with a Masters in Textile Design from *National Institute of Design*, 2000; *Royal School of Needlework: Technical Hand Embroidery*, London. 2011.

She has written *Contemporary Weaving in Mixed Media*, published by Batsford. Some of her recent exhibitions include *ING Discerning Eye 2022*, *Restless Elements*, Thames Wharf, London, March 2020, *'100% Design' Selected* by Barbara Chandler for 'Design Fresh', Olympia, London, September 2019. Rachana has exhibited with Ruup & Form at London Art Fair 2023 and Battersea Decorative Art Fair 2022

About Ruup & Form

Ruup & Form is a curatorially led contemporary gallery based in London, working with material-led artists with a focus on suitability. Interjecting art, craft, and design, we present the best in collectible design and craft from across the globe, showcasing unique and limited-edition contemporary works.

Founded by Varuna Kollanethu in 2019, the aim of the gallery is to blur lines between art and crafts, build communities by bringing works to a wider audience and promoting our artists through exhibitions, events, fairs, and educational workshops. The gallery currently works with over 40 artists having built a reputation for the support to its artists, building deep rooted relationships with artists and collectors alike. We have taken on large commissions with corporates and individuals and built trust as an innovative gallery.